

# Mayo Clinic Talks Obesity Edition Online CME Course

## Activity Description

The Mayo Clinic Talks: Obesity Edition podcast offers a wealth of informative interviews that delve into the multifaceted aspects of obesity, including its medical management and treatment principles. The discussions cover a broad range of topics, ranging from the presentation of obese adult patients to primary care providers, to various weight loss approaches, including medical and endoscopic interventions. Additionally, the experts offer valuable insights into pediatric weight loss and common issues that may arise in post-bariatric patients, such as weight regain. Throughout the episodes, the speakers debunk myths surrounding obesity, provide comprehensive assessments, and present an array of treatment options, while also sharing practical tips for working with patients and their families.

## Target Audience

This activity is appropriate for physicians, nurse practitioners, physician assistants, residents, fellows, students and allied health professionals.

## Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Identify the various presentations of obesity relevant to the primary care provider.
- Recall appropriate medical, endoscopic, and surgical managements available for obesity in adult and pediatric patients.
- Recite recommendations and advice for management of adult and childhood obesity for patients and families.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Statement(s)

### AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professionals

A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

## Faculty, Planning Committee and Provider Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

**Listed below are individuals with control of the content of this program who have disclosed...**

### **Relevant financial relationship(s) with ineligible companies:**

Meera Shah, M.B., Ch.B. Research Support: WholeBiome
Todd Kellogg - Other For-Profit Entities - Galvani Bioelectrics
Barham Abu Dayyeh, M.D. <u>Intellectual Property:</u> Endo-TAGGS, LLC; Metamodix, Inc.; Endogenex, Inc (fka DyaMX, Inc.) <u>Consulting:</u> Spatz Medical; Apollo Endosurgery, Inc.; BariaTek; Boston Scientific Corporation; Covidien LP; DyaMx Inc; Ethicon Endo-Surgery, Inc.; Hemostasis, LLC; Olympus America Inc.; Xlumena; EndoGastric Solutions <u>Stock Shareholder:</u> Endogenex (previously DyaMx)
Maria Collazo Clavell - Intellectual Property (IP) - Rewind Co.

All relevant financial relationships listed for these individuals have been mitigated.

### **No relevant financial relationship(s) with ineligible companies:**

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References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation and/or content:

None

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

## Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

## Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

## Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

## How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

## Release and Expiration Dates

Release Date: 6/22/2023

Expiration Date: 6/22/2026

## Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

## Faculty and Course Director Listing and Credentials

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## Bibliographic Resources

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