

Essential Diabetes Care

Activity Description

This online course will consist of over 9 hours of self-paced, asynchronous education. The online content will be based on current evidence-based, patient-centered standards for medical care in diabetes and will include recorded lectures and case studies. Content will cover the following key topic areas: overview of diabetes, management and medications, special patient populations, complications, risk factor modifications and lifestyle management and prevention.

Target Audience

The information presented is relevant to a broad range of providers, including general practitioners, internists, physicians, physician assistants, and nurse practitioners.

Upon conclusion of this activity, participants should be able to:

- Discuss patient-centered diagnosis and therapeutic management of prediabetes and diabetes mellitus.
- Recognize the care of a patient with diabetes: emphasizing the management of cardiometabolic health, nutritional considerations, physical activity, lifestyle modification and psychological aspects of diabetes care.
- Identify new advancements and appropriate clinical applications in diabetes technologies.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)

AMA

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 9.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA



Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 9.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

ANCC

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 9.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

ACPE



Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 9.25 ACPE Knowledge -based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity.

UAN Number: JA0000238-0000-24-130-H01-P

Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program who have disclosed.

Relevant financial relationship(s) with ineligible companies:

Name	Nature of Relationship	Company
Sumit Bhagra, M.D.	Stock, Stock Options, Warrants	Netflix, AirBNB, Tesla, Nike, Apple Inc, Nvidia Inc
Maria L Collazo-Clavell, M.D.	Intellectual Property	Rewind Co.
Ana L. Creo, M.D.	Grant/Research Support	Medtronic
Barham K. Abu Dayyeh, M.D., M.P.H.	Intellectual Property Consulting Activities	Endo-TAGGS, LLC, Metamodix, Inc., Endogenex, Inc. (fka DyaMX, Inc.) Spatz Medical, Apollo Endosurgery, Inc., BariaTek, Boston Scientific Corporation, Covidien LP, DyaMx Inc, Ethicon Endo-Surgery, Inc., Hemostasis, LLC, Olympus America Inc., EndoGastric Solution, Xlumena
Jon O. Ebbert, M.D.	Intellectual Property Consulting Activities Stock, Stock Options, Warrants	Applied Aerosol Technologies Corp. Philippine Medical Association of Hawaii, Al Kaifa FZCO, Nesmah Technology Center for Addiction & Prevention Research, MedinCell, SOAP Health Nesmah Technology
Aoife M. Egan, M.B., B.Ch., Ph.D.	Consulting Activities	Midwest Endocrinology Society, PeerVoice
Narayan R. Kissoon, M.D.	Consulting Activities Board of Directors	Bright Minds Biosciences Ltd Neuro Hospitality House

Tobias S. Kohler, M.D., M.P.H.	Consulting Activities	Coloplast Corp., Male Fertility and Peyronies Clinic
Yogish C. Kudva, M.B.B.S.	Intellectual Property	Skysong Innovations, LLC (fka Arizona Technology Enterprises LLC (AzTE)) University of Padua (aka University Degli Studi Di Padova)
Aleksandra Kukla, M.D.	Consulting Activities Advisory Board	Uptodate Novo Nordisk
K Sreekumaran Nair, M.D., Ph.D.	Consulting Activities	Merck Research Laboratories, Sobha Pharma
Vinaya Simha, M.B.B.S., M.D.	Consulting Activities	Amryt Pharmaceuticals, Indian Institute of Science, Bangalore, Pfizer, Inc.
Adrian Vella, M.D.	Intellectual Property Consulting Activities	Rewind Co., University of Virginia Emmyon Inc., Federal Aviation Administration, Rezolute, Inc, Amarex Clinical Research, LLC, Crinetics Pharmaceuticals, Inc., Excel Continuing Education, Hanmi Pharmaceutical Co, Infomedica, Neurotronic Inc., Peptron, Inc., Recordati Rare Diseases, Inc., Zealand Pharma, Genentech

All relevant financial relationships listed for these individuals have been mitigated.

No relevant financial relationship(s) with ineligible companies:

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References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

None

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

Release and Expiration Dates

Release Date: July 16, 2024

Expiration Date: July 15, 2027

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

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Bibliographic Resources

Bibliographic resources are provided within the activity.

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