

**Mayo Clinic Practical Integrative Medicine:
Renew, Rejuvenate, Inspire & Connect 2025
Amelia Island, FL
February 13 – 15, 2025**

Thursday February 13	
12:00 PM ET	Registration/Exhibit Hall
12:30 PM	Welcome & Introduction <i>Denise Millstine, MD & Michael Mueller, MD</i>
Integrative Medicine 101	
12:40 PM	Overview of Integrative Medicine <i>Brent Bauer, M.D.</i>
1:10 PM	Principles of Acupuncture <i>Debbie Elam, L.Ac.</i>
1:40 PM	Manual Therapies <i>David Patchett, D.O.</i>
2:10 PM	Q&A Panel
2:30 PM	Break/Exhibit Hall
2:50 PM	Mind-Body / Stress Management <i>Debbie Fuehrer, M.A., L.P.C.C.</i>
3:35 PM	Supplements or Natural products <i>Denise Millstine, M.D.</i>
4:20 PM	Q&A Panel
4:40 PM	Break/Exhibit Hall
Keynote Lecture	
5:00 PM	Cancer Prevention & Survivorship + Q&A <i>Dawn Mussallem, D.O.</i>
6:00 PM	Adjourn
6:00 – 8:00 PM	Welcome Reception/Abstracts (Non-CME)

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Friday February 14	
6:45 – 7:15 AM ET	Yoga
7:00 AM	Breakfast/Exhibit Hall
7:55 AM	Introduction <i>Denise Millstine, MD</i>
8:00 AM	FM Treatment <i>Michael Mueller, MD</i>
8:30 AM	Cannabis <i>Mark Edwin, M.D.</i>
9:00 AM	Wellness Coaching <i>Jamie Friend</i>
9:30 AM	Q&A Panel
9:50 AM	Break/Exhibit Hall
Keynote	
10:10 AM	Title TBD + Q&A <i>Victoria Maizes, M.D.</i>
11:10 AM	Break
11:30AM	Central sensitization <i>Arya Mohabbat, M.D.</i>
12:00 PM	Biofeedback/neurofeedback/light therapy <i>Ravindra Ganesh, M.B.B.S., M.D.</i>
12:30 PM	Q&A Panel
1:00 PM	Adjourn General Session
Afternoon Workshops (Optional) [Live Only]	
Choose 1	
1:30 PM	Acupressure Demonstration <i>Debbie Elam, LAc</i>
1:30 PM	Healing Touch (Experiential Session) <i>Sarah Stinson, MS, LPC, LPCC</i>
1:30 PM	Writing to Heal <i>Sandra Marinella</i>
3:00 PM	Adjourn

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Saturday February 15	
6:45 – 7:15 AM	Qi Gong
7:00 AM	Breakfast/Exhibit Hall
7:55 AM	Introduction <i>Moderator: Michael Mueller, MD</i>
8:00 AM	Diet <i>Ryan Hurt, M.D.</i>
8:45 AM	The Role of Exercise/Movement in Health <i>Andrea Cheville, M.D.</i>
9:30 AM	Q&A Panel
9:50 AM	Break/Exhibit Hall
Keynote	
10:15 AM	Longevity + Q&A <i>Sara Bonnes, M.D., M.S.</i>
11:15 AM	Break/Exhibit Hall
11:35 AM	Ethics in Integrative Medicine <i>Ellen Meltzer, M.D.</i>
12:20 PM	The Business of Integrative Medicine <i>Barb Thomley and Erika Klanjac, M.H.A. and Tammy Monson, M.A.</i>
12:50 PM	Q&A Panel
1:15 PM	Adjourn