



## Faculty Biography Form

### Hispanic/Latina Women in Medicine: Critical Needs for Empowerment and Transformation in Practice 2024

September 13-15, 2024

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**Laura Suarez Pardo, MD**  
**Assistant Professor of Psychiatry**  
**Mayo Clinic, Department of Psychiatry and Psychology**  
**Rochester, MN**

#### **Specialties: General Psychiatry, Consultation-Liaison Psychiatry, Psychocardiology**

Laura Suarez Pardo received her medical degree from Pontificia Universidad Javeriana in Bogota, Colombia, and following her training, she worked in an underserved community as a general practitioner. Then, she completed a research fellowship at the Cardiac Psychiatry Research Program (CPRP) at Massachusetts General Hospital, then completed her Psychiatry residency at Mayo Clinic, serving as chief resident there. She earned a Consultation-Liaison Fellowship at Mayo Clinic, followed by the Clinician-Investigator Training Program, in which she conducted a qualitative study to understand psychosocial distress in patients with heart failure. The focus of her clinical practice is outpatient consultation-liaison with an emphasis on psychocardiology. Since joining the Mayo Clinic Psychiatry and Psychology Department faculty in 2022, she has been involved in the development and expansion of mental health care for people with cardiovascular disease, as well as providing psychiatric care to other medically ill populations including oncology, GI, and functional neurological disorder populations. During the past decade, she has focused her research on psychocardiology, and she recently developed a project aimed at reducing healthcare disparities by expanding psychocardiology research to Latinx women communities, for which funding was provided with the support of the Center for Chronic Disease Reduction and Equity Promotion across Minnesota (C2DREAM). She has demonstrated an important commitment to diversity, equity, and inclusion in addition to her work in psychocardiology. She has developed curriculum and delivered culturally sensitive psychiatry training to residents and fellows, as well as co-leading a project that addresses cognitive biases and antiracism practices. As a result of her outstanding clinical, academic, and humanitarian achievements, Dr. Suarez Pardo has received numerous honors.